

- **February 11 - Ted & Co TheatreWorks** is coming to Winnipeg on Sunday, Feb 11<sup>th</sup> at 6:30 pm at Douglas Mennonite to present "**Boots, Buckets & Barrows**". This is Dessert night and Fundraiser put on by Mennonite Disaster Service. Tickets are \$10 and can be reserved by calling the MDS Office at [204 261 1274](tel:2042611274).

- **February 23, 7:15 am, Work as Worship Retreat Simulcast** at Emmanuel Mennonite Church in Winkler. See bulletin board for more details.

- **February 25, 2 pm Special Event: Wintertreffen** 287 8th Ave NE, Altona. Join us at Altona Mennonite Church for an afternoon of music and sharing about refugee resettlement—in English and opp Plautdietsch—followed by a potluck faspal! For more information visit [mccmb.ca/wintertreffen](http://mccmb.ca/wintertreffen)

## **PRAYER AND PRAISE**

### **Our Church family**

- Pray for Tim Wiebe and family as they heal.

### **Our Community**

- Pray for MC Manitoba Executive Director – Ken Warkentin and MC Canada Executive Director – Willard Metzger.

### **Our World**

- Mennonite Church Canada, in partnership with Mennonite Mission Network and Africa Inter Mennonite Mission, provide financial support to the **Benin Bible Institute** for church leadership training and capacity building (Agro-pastoral project). The partnership with Benin Bible Institute (BBI) is fostered by the ongoing and long term commitment of St. Jacobs Mennonite Church through the engagement of the BBI Networking Group (SJMC, Poole MC and Wanner MC). We give thanks for the many students from various denominations who receive sound biblical training at BBI.

- *If you would like to add or remove any prayer requests, please contact Dan Kehler or the church office.*

### **From the Pastor:**

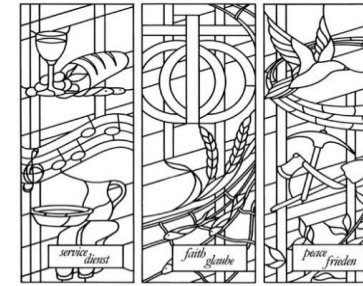
**-Thrive Learning Centre - Canadian Mental Health Association – Central Region, Eden Health Care Services and Central Station Community Centre in Winkler.**

***Understanding Depression:*** This course of 4 one hour sessions, covers major depressive disorder including signs and symptoms, impacts on your body, mind and relationships as well as teaches strategies and coping skills to live well with depression. (11 am – Feb. 20, 22, 27, March 1)

***Understanding Anxiety:*** This course of 5 one hour sessions covers anxiety and anxiety disorders including symptoms, risk factors, complications, common disorders and treatment options and coping skills to manage anxiety. (1 pm – Feb. 27, Mar. 1, 6, 8, 13.)

***Journey to Recovery*** – This 2 one hour course helps to increase self-awareness about recovery. This course explores the recovery model and various stages of recovery. Students are encouraged to recognize their own journey in relation to recovery and to move towards their healthiest life possible. (1 pm – Feb. 20, 22)

To register contact Central Station Community Centre, 545 Industrial Drive, Box 736, Winkler, 325-0257, email [central.cmha.ca/thrive](mailto:central.cmha.ca/thrive) or Eden Health Care Services.



# Altona Mennonite Church

Sunday School – Adults & Children: 9:30 am  
Sunday Worship Service: 11:00 am

VOLUME LVII No. 5

February 4, 2018

*Epiphany: Season of Light*

*The true light that gives light to everyone was coming into the world. John 1:9*

Prelude *Praeludium II Mendelssohn*

Words of Welcome, Greeting one Another and Announcements  
Hymn HWB #1 What is this place

Call to Worship: Based on Psalm 147: 1-11

1. Praise the Lord!

**All: How good it is to sing praises to our God!**

2. For He is gracious, and lifting up a song of praise is the appropriate thing to do!

3. The Lord builds up his people;

1. He gathers the outcasts to himself.

3. He heals the broken-hearted

2. and binds up their wounds.

1. He determines the number of the stars.

3. he gives to all of them their names.

**All: Great is our Lord!**

3. His power is abundant!

1. His understanding is beyond measure!

3. The Lord lifts up the downtrodden.

2. He casts the wicked ones to the ground.

**All: Sing to the Lord**

2. With thanksgiving, make melody to our God.

1. He covers the heavens with clouds,

Pastor: Dan Kehler

Office Hours:

Wed. & Thur. 9:30 am to noon

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Tel: 204-324-5178 (home)

email: [amcpastordan@gmail.com](mailto:amcpastordan@gmail.com)

Secretary: Lori Hiebert

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[www.altonamennonitechurch.ca](http://www.altonamennonitechurch.ca)

*Altona Mennonite Church is on Treaty One Territory.*

3. Prepares rain for the earth,
2. Makes grass grow on the hills.
1. He gives to the animals their food, even to the young when they cry.

**All: His delight**

2. Is not in the strength of the horse.

**All: His pleasure**

3. Is not in the speed of the runner.
1. But the Lord takes pleasure in

**All: Those who fear Him**

2. In those who continue to hope in his steadfast love.
1. Praise the Lord!

**All How good it is to sing praises to our God!**

Hymn HWB #87 Great is the Lord  
 Prayer of Invocation  
 Offering *My Song Is Love Unknown* R. Vaughn Williams  
 Children's Time

**LISTENING**

*Scripture Reading: Isaiah 40:21-31*  
 Have you not known?

**Our God is the everlasting God, Creator of the ends of the earth.**

Have you not heard?

**God does not faint or grow weary.**

Have you not known?

**God's understanding is unsearchable.**

Have you not heard?

**God gives power to the faint and strengthens the powerless.**

Have you not known?

**Those who wait for God will renew their strength they shall mount up with wings like eagles.**

We come to hear.

**We come to know.**

*Thanks be to God.*

Hymn HWB #584 They that wait upon the Lord  
 Scripture Reading: Mark 1:21-39  
 Sermon Experiences of Resurrection Dan Kehler

**RESPONDING**

Hymn SS #49  
 Prayers of the People

**SENDING**

Benediction  
 Hymn HWB #493 I heard the voice of Jesus say

Postlude

Worship Leader: Elaine Loewen  
 Song Leader: Marilyn Houser Hamm  
 Accompanist(s): Nancy Ratzlaff

**AMC ANNOUNCEMENTS**

- Please join us for a **Shrove Tuesday pancake supper**. February 13, 5-7:00 pm at AMC.

- **AMC Retreat Day Feb 25** at Winkler Bible Camp (on Hwy 3). Worship will start at 10:30 am, followed by lunch and indoor & outdoor activities. Tobogganing, skating & broomball available on site. Ski rentals available near by. Andrea needs to know TODAY if you are coming. Suggested donation is \$15/person (age 4+). Lunch is included. (Dietary needs will try to be accommodated)

- **The Mennonite Church Manitoba Delegate Gathering 2018** takes place on March 2 -3 at First Mennonite Church in Winnipeg. We can send up to 5 delegates. If you are interested in representing AMC please talk to Pastor Dan or Ray Hamm for more information.

- **Plastics bags:** youth class would like your plastics bags. Please leave in the box in the foyer.

- **AMC's directory** will be updated in the next few weeks. If you need to add or change any info, let the office know.

**Birthdays:** Feb. 4 – Kate Sawatzky; Feb. 5 – Ryan Geirnaert; Feb. 8 – Brittany Klassen

**Anniversaries:** Feb. 9 – Bill & Anne Loewen

**COMMUNITY & MISC. ANNOUNCEMENTS**

- **Camps with Meaning online registration is open!** This is our ministry together as Mennonite Church Manitoba. Please visit [www.campswithmeaning.org](http://www.campswithmeaning.org) to register for summer camp. We want all families to afford camp. Note our new Campership Fund, which assists families at a much higher level than before.

- The annual Lent At-Home devotional booklet is again available to guide families from Shrove Tuesday through Easter Sunday. Join the Lenten journey with Chris, Selah and Gloria. Free download – [www.commonword.ca/go/1430](http://www.commonword.ca/go/1430). Visit [www.commonword.ca/go/1451](http://www.commonword.ca/go/1451) for more Lenten Resources.

**WORSHIP & MEETING EVENTS at AMC**

Feb. 8 2:30 pm Sin of Certainty Book Study – Chap. 2  
 Feb. 11 9:30 am Sunday School  
 11:00 am Worship Service  
*Scripture:* 2 Kings 5:1-14; Psalm 30; 1 Cor. 9:24-27; Mark 1:40-45 *Theme:* Transfiguration / Let light shine out of darkness *Worship Leader:* Andrea Hildebrand *Song Leader:* Dave Regehr *Accompanist(s):* Hildie Regehr *Sound:* Nathan Loewen *Coffee:* Marge Friesen / June Schwartz  
**2:00 pm – Annual General Meeting**

Feb. 18 9:30 am Sunday School  
 11:00 am Worship Service  
 Feb. 21 7:00 pm Formation Meeting  
 Feb. 22 2:30 pm Sin of Certainty Book Study  
 Feb. 25 10:30 am AMC Retreat at Winkler Bible Camp

- **February 5, 7 pm** CMU's **Face2Face** Community in Conversation Series continues in Marpeck Commons. **'The Bible Tells Me so...Doesn't It? A Conversation with Young Adults on the Tensions of Taking Scripture Seriously'**. Join five CMU Undergraduate students from diverse Christian traditions in a conversation about the Bible and how we approach and discern its significance in our lives. See [cmu.ca/face2face](http://cmu.ca/face2face) for details.

- Recovery of Hope Counselling, together with the Neufeld Institute – Manitoba Chapter, is proud to announce that **Dr Gordon Neufeld, author of "Hold On to Your Kids: Why Parents Need to Matter More Than Peers," is coming to Morden on Saturday, Feb 10, 2018** to deliver a new full-day workshop called **"Keeping Children Safe in a Wounding World."** Parents, educators, youth workers and caregivers will be interested to learn from Dr. Neufeld, one of Canada's leading developmental psychologists, as he uncovers the keys to helping children thrive while living in a wounding world. For more information and to purchase tickets, please visit [www.edenhealthcare.ca](http://www.edenhealthcare.ca) or call [1-866-493-6202](tel:1-866-493-6202).