

## **PRAYER AND PRAISE**

### **Our Church family**

- Pray for Tim Wiebe and family as they heal.
- Pray for strength and calm for those with parents in transition.
- Condolences to Sarah Sawatzky on the passing of her sister Wilma Sawatzky.

### **Our Community**

- Pray for MC Manitoba Executive Director – Ken Warkentin and Canada General Secretary – Willard Metzger.
- The Mennonite Church Canada Special Assembly, Oct. 13-15, marked a historic turning point for Mennonite Church Canada, Regional Churches, and our congregations across the country. Delegates charted a new course for Mennonite Church Canada with a 94% approval of the Covenant New restructuring proposal. The new structure revisions Mennonite Church Canada as the covenant partnership created by the five nationwide Regional Churches. Working together, Regional Churches have been mandated to foster the health and vitality of local congregations, who are engaged in mission in their immediate neighbourhoods and around the world. While delegates celebrated a structure that has served them well in the past and grieved its passing, they also embraced the vision of a vibrant, nationwide Mennonite Church that is actively engaging our world. To learn more, visit [www.futuredirectionsmc.ca](http://www.futuredirectionsmc.ca).

### **Our World**

- Give thanks for the ministry of Witness partners Sergey and Lena Deynekin in Chernobaevka near Kherson, Ukraine. Sergey reports a good response to their first seminar on family relationships. Their church is also rejoicing with the news that their village has allocated one-quarter hectare of land upon which to construct a permanent church building.
- Bill C-262 goes before Parliament for its second reading in November. If passed, this Bill will see that the laws of Canada are harmonized with the United Nations Declaration on the Rights of Indigenous Peoples. To find out how Mennonite Church Canada is supporting Bill-C-262 and how you can help, see <http://pfir.ca/>. Please pray for healing and the promise of reconciliation between settlers and Indigenous people in this land. Postcards are on the lobby table.
- *If you would like to add or remove any prayer requests, please contact Dan Kehler or the church office.*

## **Southern Health Contact information:**

- If you or someone you know is thinking of suicide, call:
- \* 866-588-1697 (West of the Red River)
  - \* 888-617-7715 (East of the Red River)
  - \* 877-435-7170 (Manitoba Suicide Line)

Your mental health and emotional well-being is an ever-changing part of who you are. By being self-aware, you are able to take positive steps towards mental health and wellness when the balance between health and illness is disrupted. Positive mental health, feeling well, functioning well and being resilient in the face of life's challenges improves quality of life and is an important part of your overall health and well-being. Even when there are ongoing limitations caused by mental health problems and illnesses.

### **Mental Health Access**

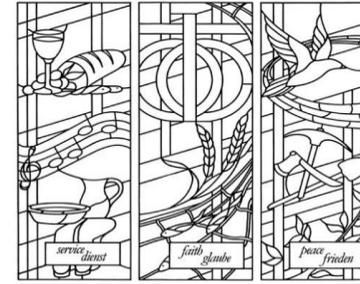
If you are living with mental illness, know that you can experience recovery and hope. Among many supports, Community Mental Health services will assess, provide counselling, education and referral services to adults, children, seniors and your adolescents. Following an assessment, psychiatry and psychology consultations are available when necessary, with services provided in many communities in Southern Health. To access Community Mental Health services, call 888-310-4593.

### **Mental Health Crisis**

If you are experiencing a mental health crises: you are not alone and we can help. It starts with a call to Crises Services or attend your local emergency department (Boundary Trails) for immediate assistance.

### **West of the Red River – 888-588-1697**

For the following communities and/or nearby: Altona, Carman, Crystal City, Elie, Emerson, Gladstone, La Salle, MacGregor, Manitou, Marius, Miami, Morden, Morris, Notre Dame de Lourdes, Oak Bluff, Pilot Mound, Portage la Prairie, Rosenort, Somerset, St. Claude, St. Jean Baptiste, Starbuck, Swan Lake and Winkler.



# Altona Mennonite Church

Sunday School – Adults & Children: 9:30 am  
Sunday Worship Service: 11:00 am

VOLUME LVI No. 43

November 5, 2017

## ***Who is my neighbour? Walking along side those with mental health issues***

### **WE GATHER**

Prelude  
Welcome  
Announcements  
Hymn HWB #336 When Peace Like a River  
Call to Worship (based on I Corinthians 12)  
Prayer of Invocation  
Hymn SJ #54 Longing for Light We Wait in Darkness

### **WE LISTEN**

Poem: *Tense* based on Philippians 4:4-7  
Children's Story  
Video: creating awareness  
Scripture reading: I Kings 19: 1-18  
Sermon A Gentle Whisper Dan Kehler

### **WE RESPOND**

Sharing our stories  
Prayers of the wounded healer  
Sharing and prayers of the people  
Hymn HWB #377 Healer of Our Every Ill  
Offertory

Pastor: Dan Kehler  
Office Hours:  
Wed. & Thur. 9:30 am to noon  
Tel: 204-324-6773 (Church office)  
Tel: 204-324-5178 (home)  
email: amcpastordan@gmail.com

Secretary: Lori Hiebert  
T: 204-324-6773 (church office)  
T: 204-324-5952 (home)  
email: altonamennonite@gmail.com  
www.altonamennonitechurch.ca

*Altona Mennonite Church is on Treaty One Territory.*

## SENDING

Hymn HWB #307 Will You Let Me Be Your Servant?  
Benediction

Worship Leader: Peggy Martens  
Song Leader: Loren Braul  
Accompanist(s): Gina Enns

### WORSHIP & MEETING EVENTS at AMC

Nov. 12 9:30 am Sunday School  
11:00 am Worship Service

*Scripture: Theme:* Peace from a global perspective *Speaker:*  
*Worship Leader:* Ray Hamm *Song Leader:* Lori Hiebert  
*Accompanist(s):* Loren Hiebert *Sound:* Henry Rempel *Coffee:*  
Irv & Cheryl Giesbrecht

Nov. 8 7:00 pm Formation Council

Nov. 12 9:30 am Sunday School  
11:00 am Worship Service

Nov. 19 AMC's turn at Eastview and the Gardens

## AMC ANNOUNCEMENTS

From the treasurer: 3 snapshots of our financial picture:

1. With just over 2 months left in 2017, we have received 63% of our budgeted revenue, and paid out 72% of our budgeted expenses.

2. We need almost \$59,000 in revenue to meet our budget.

3. As of October 25, after all cheques are cashed and designated revenue (including Sabbatical fund) is distributed, we will be almost \$12,000 into our line of credit.

- Henry Rempel has an important request. Due to his leukemia and the treatments involved, his immune system is compromised. When you greet him in church, please refrain from handshakes or other contact. And if you are not feeling 100% yourself a friendly wave from a distance is appreciated.

- If you are interested in purchasing items for hygiene kits to be donated to the Refugee Reception Centre in Gretna, the items currently needed are Travel sized deodorant and shampoo, wash cloths and bath towels ( approx. size 24 x 40 inches) Other items are in good supply. Contact Marge Friesen for details 204 327 5400

- **FALL WORSHIP SERVICE THEME:** The worship committee has selected the theme for worship for fall of, "*Who is My Neighbour?*"

**November 12 - Peace Sunday- Harry Huebner** will be our guest addressing peace from a global perspective.

**Birthdays:** Nov. 5 – Laura Geirnaert; Nov. 7 – John Gerbrandt; Nov. 9 – Anna Penner, Mason Wood  
**Anniversaries:**

### COMMUNITY & MISC. ANNOUNCEMENTS

- **TEN THOUSAND VILLAGES in ALTONA**, is currently seeking a volunteer manager. Send applications to [Altona@Villages.ca](mailto:Altona@Villages.ca)

- **November 6 – 4:30 – 7:00 pm CARE** HandiVan Soup and Pie at the Altona Senior Centre. (Thanks to those who signed up to make pies!)

- **November 8, 7 pm BOOK LAUNCH:** Ray Dirks' *Along the Road to Freedom: Mennonite women of courage and faith*, at the Canadian Museum for Human Rights. Information on the book: [cwiebe@cmu.ca](mailto:cwiebe@cmu.ca)

- **November 9 – Eden Health Care Services is presenting a 50<sup>th</sup> Anniversary Gala Evening.** Special guest speaker is Margaret Trudeau, music presented by Phillip Ens, Meagan Larios and Laura Friesen. Doors open at 5 pm. Go to [edenhealthcare.ca](http://edenhealthcare.ca) for more information and to purchase your tickets.

- **November 15, 7 pm - The CMU Face2Face Discussion Series** begins in Marpeck Commons with the topic *Our need for weed? – Sparking Conversations in the Church and Community.* By July 1, 2018 Canada's federal government is committed to implement the legalized production, sale, and recreational consumption of marijuana. This conversation will explore questions and discern ways forward as our broader society and the church confront this new reality. See [cmu.ca/face2face](http://cmu.ca/face2face) for details.

- **November 16<sup>th</sup>** 5:00 – 7:00 The Gardens on Tenth Fall Soup & Pie Supper in The Gardens dining room at 140 10<sup>th</sup> Avenue NE. Admission is by donation. Donations for a new Century Tub for The Apartments. All are invited to attend. To arrange a tour following supper please call Julie at 204-324-8945.

- **November 18 - Fall Partnership Circle Gathering @ Morden Mennonite Church**, 10:00 a.m. – 3:00 p.m. "God's Mission to Gather *and Spur...* Stories of Faith, Works and

Reconciliation". See [www.mennochurch.mb.ca/events](http://www.mennochurch.mb.ca/events) for more info.

- **November 18 - Workshop: Sister Walk** - Women are invited to join us for a journey towards healing. While learning to care for women who have experienced abuse, participants will also be equipped to care for themselves. For more information, contact Jaymie Friesen at [arp@mccmb.ca](mailto:arp@mccmb.ca) or 204-925-1917. Register online at [mccmb.ca/forms/sister-walk-registration-form](http://mccmb.ca/forms/sister-walk-registration-form)

- **November 25: Christmas at CMU** - Create your own concert Featuring: CMU Choirs, Vocal and Instrumental Jazz, Guitar, and Handbell Ensembles, Music Faculty, Storytelling and Music Making for Kids, Music in the Hallways, Audience Carol Sing, Hallelujah Chorus...and more!(2:00 PM & 7:00 PM, 500 Shaftesbury Blvd.) Free admission. For more information go to [cmu.ca/christmas](http://cmu.ca/christmas).

- **November 18, 7 pm – Friends of the Mennonite Centre in Ukraine** are sponsoring a Music and Dessert Fund Raising Evening featuring the Faith and Life Male Choir. You will hear some great singing and reports by Alvin and Mary Suderman, recently returned from Ukraine. McIvor Mennonite Brethren Church, 200 McIvor Ave, Winnipeg.

- **November 23/24 (registration deadline Nov. 15)** MCI will be hosting an Applied Suicide Intervention Skill Training (ASIST) class, ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. For more information on the ASIST training follow the link: <https://www.livingworks.net/programs/asist/>

This workshop will be held Nov. 23 & 24 @ MCI (466 Mary St., Gretna MB), 8:30am to 4:30pm at a cost of \$150 per person (this includes: coffee breaks, lunch, and all necessary materials). Participants in full attendance of this 2-day training workshop will receive the ASIST certificate. Registration deadline is November 15 and will be first come/first serve with a maximum class size of 24. Please email Paul Peters at [paulpeters@mciblues.net](mailto:paulpeters@mciblues.net), or call (204) 327-5891 for more info or to register.

### Check the bulletin board for more info on these...

- Newsletters / updates / Concerts
- **xplore KEEP THINKING-** CMU 6 week enrichment programs.
- Nov. 9 - Eden Health Care 50<sup>th</sup> Anniversary Gala with guest speaker Margaret Trudeau
- Nov. 12 – Canzona concert